

## London Borough of Bromley

### PART 1 - PUBLIC

#### Briefing for Adult Care and Health PDS

# BROMLEY MENTAL HEALTH AND WELLBEING STRATEGY – ACTION PLAN 2020-22

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## 1. Summary

- 1.1. The text of the Bromley Mental Health and Wellbeing Strategy (2020-25) was finalised just prior to the covid-19 lockdown. This strategy had been considered in depth by PDS and other groups in 2019/20.
- 1.2. The covid-19 pandemic has had a seismic impact on individuals' mental health and wellbeing. The impact of the pandemic has been unequal across different ages and communities. There have been changes for children and young people who have not been at school; for adults who may have had changes to their employment including the possibility of redundancy; everyone has seen restrictions to their daily living arrangements; many people have also had to deal with sickness and/or bereavement. Whatever the impact of the pandemic, it is imperative that the Council and CCG respond so that those in need are able to access help, including crucially at this time, mental health and wellbeing services.
- 1.3. Given the impact of the covid-19 pandemic, the development of an action plan to deliver the Bromley Mental Health and Wellbeing Strategy was delayed. This has allowed officers time to ensure that the wide-ranging impact of the ongoing pandemic is at the forefront of the delivery of the strategy.
- 1.4. The Bromley Mental Health and Wellbeing Strategy is unapologetically ambitious, with a corresponding action plan (2020-22) which would transform the way mental health services in Bromley operate. The delivery of the action plan will also require strong joint working with key mental health partners in Bromley across both children's and adults services

## 2. THE BRIEFING

- 2.1 An action plan (Appendix 1) to deliver the Bromley Mental Health and Wellbeing Strategy has been developed to cover the period 2020-22. This will enable Bromley Council and NHS South East London Clinical Commissioning Group (CCG), working with partners, to take forward work across priority areas to meet the outcomes of the overall strategy. In 2022, at the halfway point of the strategy, the action plan will be refreshed in order to focus on new priorities through to the conclusion of the strategy itself.
- 2.2 Whilst the action plan is detailed, there are a number of key projects which it is useful to highlight below:

### Children and Young People's Services

- The delivery of an integrated children and young people's mental health and wellbeing service in Bromley (1.1).

- Deliver a long-term integrated model of early intervention/embedded specialist mental health support for children and young people in Bromley, ensuring short waits and a focus on prevention and early intervention (2.1).
- Provide a strong mental health offer in special schools, including in a potential new school in Bromley with a focus on social, emotional and mental health (SEMH) needs (2.1).
- Embed an early intervention offer for children and young people at risk of developing psychosis as part of the wider transformation of mental health services for this group (2.2).
- Develop an all-age Autistic Spectrum Disorder (ASD) commissioning strategy to meet the needs of individuals with these needs (2.5).
- Provide an enhanced specialist mental health assessment and review service for Bromley children looked after (CLA) and care leavers – this service would support any Bromley CLA with these needs whether they were in a service within or outside of the borough (4.1).

#### Transition from children's to adults services

- Ensure that all community and hospital mental health services provide best practice health and care to young people who are transitioning between children and adults' services, enabling a seamless transition between these services (2.3).
- Establish a strong 0-25 pathway for children and young people with mental health challenges (2.3).

#### Adults Services

- Develop a "single point of access" for community mental health services (1.3).
- Ensure that there is a mental health strong offer for people at risk of/who have suffered from domestic abuse (1.3)
- Bring forward a mental health primary care model in Bromley that links community mental health teams with GP Practices/Primary Care Networks (PCNs), with mental health services becoming a partner in the delivery of primary care in Bromley (1.4).
- Deliver a targeted annual healthchecks programme for people in Bromley with mental health challenges, including those on the severe mental illness (SMI) register (1.5).
- Implement the Bromley Suicide Prevention Strategy (1.6).
- Improve outcomes for adults accessing Improving Access to Psychological Therapies (IAPT) services in Bromley – meeting the needs of people in need including those with long term conditions, psychosis, bipolar disorder and personality disorder (3.1).
- Review joint health and social care services for mental health to ensure that these are fit for purpose, meeting statutory requirements (3.2).
- Review the approach to providing joint "aftercare" (known as section 117) to people with mental health challenges across the NHS and Council – ensuring that individuals' needs are at the heart of the "aftercare" offer in Bromley (5.1).
- Embed housing solutions services within the mental health recovery and rehabilitation pathway – ensuring that people with mental health challenges are able to access the right affordable housing and support for them as part of their journey to more independent living (5.1).

- Increase access to employment schemes including the Individual Placement Support (IPS) programme – supporting people with mental health challenges to gain meaningful employment, and working with local employers and JobCentre Plus to provide sustainable employment opportunities (5.2).
- Embed the delivery of personal budgets for every individual with mental health challenges who would benefit from these as part of their recovery and rehabilitation pathway – in many cases individuals will be able to access joint health and care budgets (5.3).

#### Integrated delivery

- Ensure that there is a cross-organisational and tailored mental health and wellbeing offer on those groups most in need of support including children looked after (CLA), black, asian and minority ethnic (BAME) groups, lesbian, gay, bisexual and transgender (LGBT) and other key groups to be determined from the Joint Strategic Needs Assessment (JSNA). (6.1)
- Put in place a refreshed mental health s75 agreement on mental health to be agreed across the Council and CCG in Bromley, underpinning the joint delivery of services

- 2.3 The delivery of the Bromley Mental Health and Wellbeing Strategy will require strong leadership, not only from the Council and CCG, but from a range of partner agencies across Bromley who deliver mental health and wellbeing services. The action plan is a truly collaborative approach, with input and leadership from voluntary sector and NHS organisations, the local authority and CCG.
- 2.4 It is proposed that Adult Care and Health PDS maintains strong oversight of the delivery of the action plan with regular updates throughout the course of its operation.

### **3 Comments and Clarifications**

- 3.1.1 Should members of the Committee wish to raise points for clarification on the Action Plan these can be raised by sending them to Sean Rafferty at [sean.rafferty@bromley.gov.uk](mailto:sean.rafferty@bromley.gov.uk) by 14 November 2020. A written response to all the points of clarification raised will be shared with members in advance of the committee meeting on 24 November 2020.