

Community Mental Health Transformation Programme

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Context pre transformation



High demand for services



Service fragmentation and duplication, e.g. repetition of assessment

Multiple entry points which are confusing

Services not integrated- especially crisis support



Reducing resources



Inequalities



Lack of focus on outcomes



Culture change



Over usage of acute pathway

Core Offer in South East London

Aim

- A diverse and personalised range of interventions to people experiencing mental health problems within the community setting
- Enable earlier access to support; to support people to recover and stay well; to prevent mental ill health and crisis intervention.
- To reduce inequality in access and experience of mental health and physical health care for people with severe, moderate and mild mental illness across South East London.

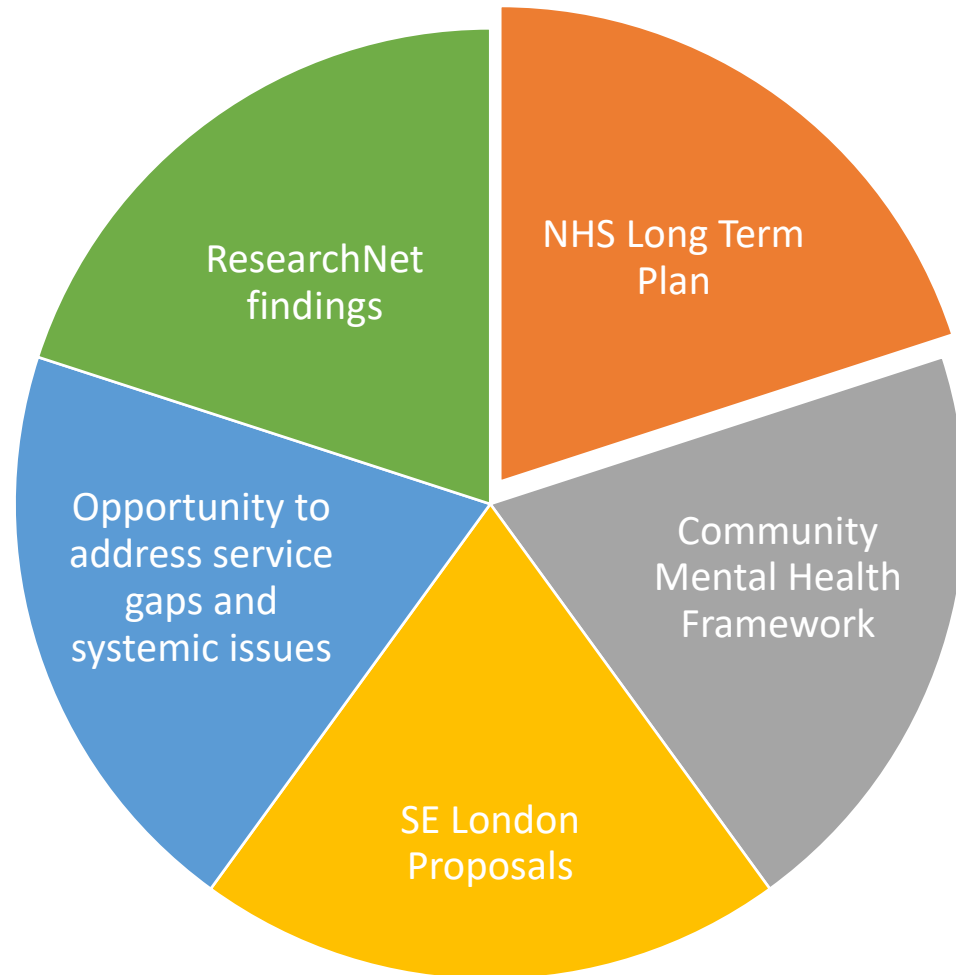
Who for

- Adults in South East London, over 18 years of age, experiencing mental health problems. This will include people with severe mental illness (SMI) as well as individuals with mild mental health illness who require care and intervention.

Underpinning Principles

- Community services with clear access points and providing flexible care that considers both mind and body (i.e. mental and physical health).
- Targeted and measurable outcomes to assess and evaluate benefits for residents in South East London and across the wider health and care economy.

Current Context



Community Wellbeing Hub

Principles (drawing on those agreed at SEL) that underpin the proposal in Bromley:

**Bridging the gap
across Primary
and Secondary
Care**

**No wrong door into
services and
frictionless
movement
between them**

**Holistic approach
to assessing and
meeting needs**

**Integrated, multi-
disciplinary team
providing clinical
and non-clinical
support**

Key components of the Hub

- Holistic triage assessment of needs aiming to support reablement and integration in to the local community
- Comprehensive brief intervention programme (with interventions typically 4-8 weeks)
- Social prescribing support to facilitate access to mainstream resources and activities
- MDT meetings including representatives from IAPT/secondary care to facilitate frictionless movement between services
- Straightforward process for re-engagement post-discharge if required

Bromley Hub – Year 1

- **NHSE Transformation funding for Bromley: £872K in 2021/22**

Integrated team of approx. 26 people

Existing Oxleas Primary Care Plus team with some new roles (cons psychiatrist, clinical specialist, mental health practitioner, LxP)

VCS staff employed by BLG Mind, including VCS service manager, senior MHA x2, MHA x4, PSW x2, Benefits Specialist, Inequalities Worker

Project manager employed by BLG Mind

Current status:

- Most new roles for year 1 now in post or shortly to be appointed. Year 2 recruitment to commence in April 2022
- Working groups now shaping the new service model ready for a soft launch
- Oxleas and BLG Mind teams will be co-located to carry out joint assessments, shared care planning & interventions
- Service User/Carer engagement group now set up to ensure active co-production in the new service

- Integration of Bromley Well MH Pathway with Oxleas PCP
- Close working with Recovery Works to ensure no overlap in service provision

Timeline

January-April
2022

- Design and develop the community hub
- Remaining recruitment

February -
April 2022

- Soft launch commences
- Test & learn period

April 2022

- New service operational
- Year 2 funding becomes available
- Second wave of recruitment

Outcomes

