
Decision Maker: CHILDREN, EDUCATION AND FAMILIES PDS COMMITTEE

Date: Thursday 20 June 2023

Title: BROMLEY CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING SERVICES – DEEP DIVE

Contact Officer: Richard Baldwin
Director of Children's Services
Email: richard.baldwin@bromley.gov.uk

James Postgate
Associate Director of Integrated Commissioning, NHS South-East London
Integrated Care Board (Bromley)
Tel: 0208 930 0218 E-mail: james.postgate@selondonics.nhs.uk

Ward: Boroughwide

1. BROMLEY CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING SERVICES – OVERVIEW

- 1.1. Bromley Council and NHS South-East London Integrated Care Board (Bromley) commission a range of services to support the mental health and wellbeing of Children and Young People (CYP) in the borough.
- 1.2. The core mental health and wellbeing offer for children and young people is set out below:

	Bromley Children and Young People's Mental Health and Wellbeing Services	Service Provider
1	Children and Young People's Eating Disorder Services (CAEDs) <ul style="list-style-type: none">Children and Young People's Mental Health Eating Disorder Service	South London and Maudsley (SLaM) NHS Foundation Trust
2	Child and Adolescent Mental Health Services (CAMHS) <ul style="list-style-type: none">Multi-disciplinary specialist community mental health services supporting CYP and families/carers experiencing severe and enduring mental health difficulties, including low mood, anxiety, suicidal ideation and psychosis. The service provides a range of evidence-based interventions across a number of clinical pathways, including:<ul style="list-style-type: none">Neurodevelopmental & Learning Disability – CYP with neurodevelopmental disabilities (e.g. diagnosis of ASD/ADHD or a learning disability) with co-morbid mental health difficultiesLooked After & Adopted Children – CYP who are looked after; subject to Special Guardianship Order; in Friends and Family placements; adopted	Oxleas NHS Foundation Trust

	<ul style="list-style-type: none"> ○ Adolescent – CYP who experience significant/acute mental health conditions, including those who may be at risk of inpatient admission, who require a rapid response, intensive intervention, crisis and risk management ○ Generic – CYP with a range of mental health problems which are indicative of a mental health condition ● Mental health crisis and liaison services for CYP who present in A&E or an acute hospital setting in mental health crisis ● Dialectical Behavioural Therapy (DBT) Pathway – specialist clinical pathway providing intensive evidence-based interventions to CYP (and their families/carers) experiencing severe emotion dysregulation and related problems, including self-harm, suicidal ideation and other high-risk behaviours. ● CAMHS also provides clinical in-reach services to the Bromley Youth Justice Service and within BTA Blenheim (alternative education provision) 	
3	<p>Children and Young People’s Mental Health and Wellbeing – Prevention and Early Intervention Services</p> <ul style="list-style-type: none"> ● wellbeing support and programmes, including group work and one-to-one sessions with practitioners. ● mentoring services. ● empowering parents, empowering communities initiative. ● resilience and recovery programme, “step down” services. ● eating disorders early intervention service (joint with SLaM). ● support for children looked after (CLA) requiring this level of support. 	Bromley Y
4	<p>Integrated Single Point of Access – Children and Young People’s Mental Health and Wellbeing (due to be implemented October 2023)</p> <ul style="list-style-type: none"> ● joint NHS/voluntary sector single point of access (SPA) for all referrals for CYP experiencing mental health and/or emotional wellbeing difficulties 	Joint Oxleas NHS Foundation Trust /Bromley Y
5	<p>Support to schools – Children and Young People’s Mental Health and Wellbeing Services</p> <ul style="list-style-type: none"> ● mental health support teams (MHSTs) in Bromley primary and secondary schools. ● mental health and wellbeing leads network (joint leadership between schools and CYP mental health and wellbeing services) ● mental health and wellbeing toolkit for schools 	MHSTs - Bromley Y Mental Health and Wellbeing Leads Network/Toolkit Bromley Council - lead
6	<p>Support for children, young people and families in relation to children and young people with social and/or communication difficulties</p> <ul style="list-style-type: none"> ● pre-and-post diagnostic support for children and young people with autism spectrum condition (ASC) 	Bromley Mencap (Bromley Children’s Project)
7	<p>Children and young people’s mental health and wellbeing services – online wellbeing support and counselling</p> <ul style="list-style-type: none"> ● online wellbeing support and counselling 	Kooth

8.	Support for children at higher risk and children looked after (CLA) <ul style="list-style-type: none"> • Thrive service • CLA Mental Health Nurse 	Bromley Council
9	Individual Joint Funded Services <ul style="list-style-type: none"> • Bromley Council and South-East London ICB jointly fund bespoke mental health and wellbeing services for children at risk, including children looked after (CLA) and children and young people with an Education, Health and Care Plan (EHCP) 	Bromley Council/SEL ICB

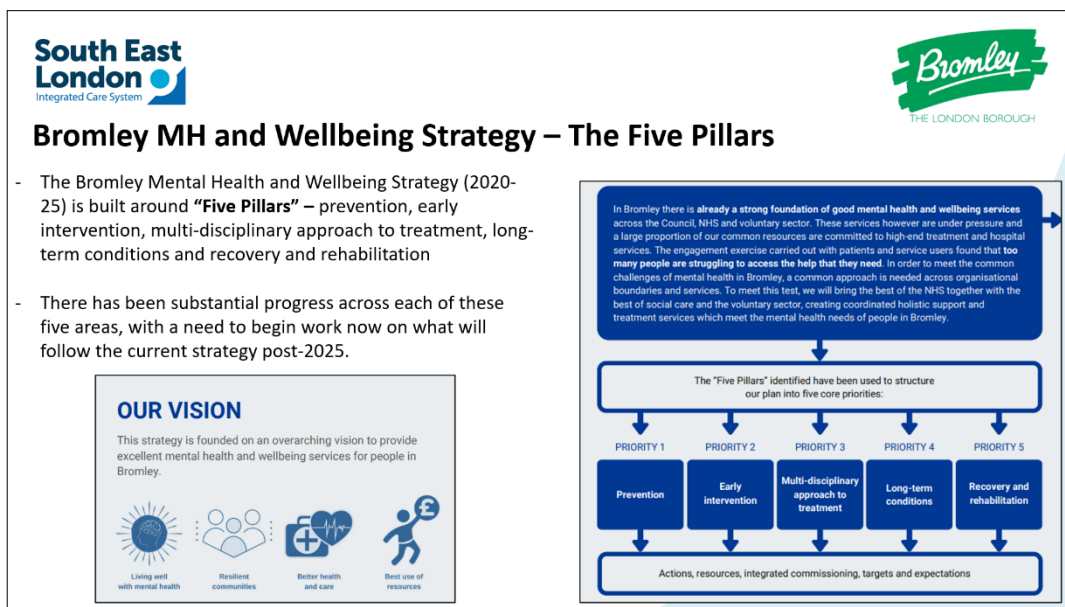
- 1.3. At the heart of the CYP community mental health and wellbeing offer in Bromley is the high-quality care being provided by all providers and the strong partnership work across services.
- 1.4. Bromley has a particularly strong offer in relation to integrated service pathways across NHS and voluntary sector providers. The joint work between the NHS and voluntary sector brings the best of both worlds to CYP in Bromley, with the ability for many CYP to access help and support outside of the NHS altogether, with others receiving clinical best practice interventions from the NHS. The approach means that CYP receive the right help in the right place, with support and interventions tailored to individual needs.
- 1.5. Key to this way of working is the dual service model between Oxleas CAMHS and Bromley Y which was originally established in 2014/15. Since then there has been strong partnership between Oxleas CAMHS and Bromley Y which was further strengthened in April 2021 when the Council and ICB jointly awarded Bromley Y a new five-year integrated contract to provide mental health and wellbeing services for children and young people with mild to moderate mental health difficulties in the borough, in addition to services provided by Oxleas CAMHS. The provision of two mental health and wellbeing service providers offers advantages to CYP and their families through the way both organisations work together to meet demands across the pathway.
- 1.6. Oxleas CAMHS and Bromley Y are in the process of designing and implementing a new Integrated Single Point of Access (iSPA), which builds on previous joint work and will embed the NHS/VCS partnership through a combined referral triage/management team. The iSPA will be the single point in which CYP/families access mental health and wellbeing services in Bromley and will further enhance the exiting partnership working. The integrated service is due to be implemented in October 2023.

2. BROMLY JOINT MENTAL HEALTH AND WELLBEING STRATEGY (2020-25)

- 2.1 The Bromley Joint Mental Health and Wellbeing Strategy (BMHWS) 2020-25 is a five-year delivery plan to make improvements across children, young people's and adults mental health and wellbeing services in the borough. The strategy is a joint strategy led by Bromley Council and the NHS which was developed following extensive service-user engagement and co-production, including with children and young people.
- 2.2 At the heart of the BMHWS are the voices of service users who rely on good mental health services in Bromley. Since the BMHWS was adopted by Bromley Council and the local NHS it has ensured that patients and service users are at the forefront of designing their own service offer in Bromley.



2.3 The BMHWS sets out a joint vision to support communities and individuals to have improved mental health and wellbeing. The strategy sets out an approach in which the Council and local NHS will work together with partners to prevent children, young people and adults reaching a crisis point through the provision of a strong prevention and early intervention offer. It also puts in place a joint plan for the provision of a number of important services for people with mental health challenges, including good advice and information, talking therapies and counselling, employment and training schemes, mental health support in schools and supported housing.

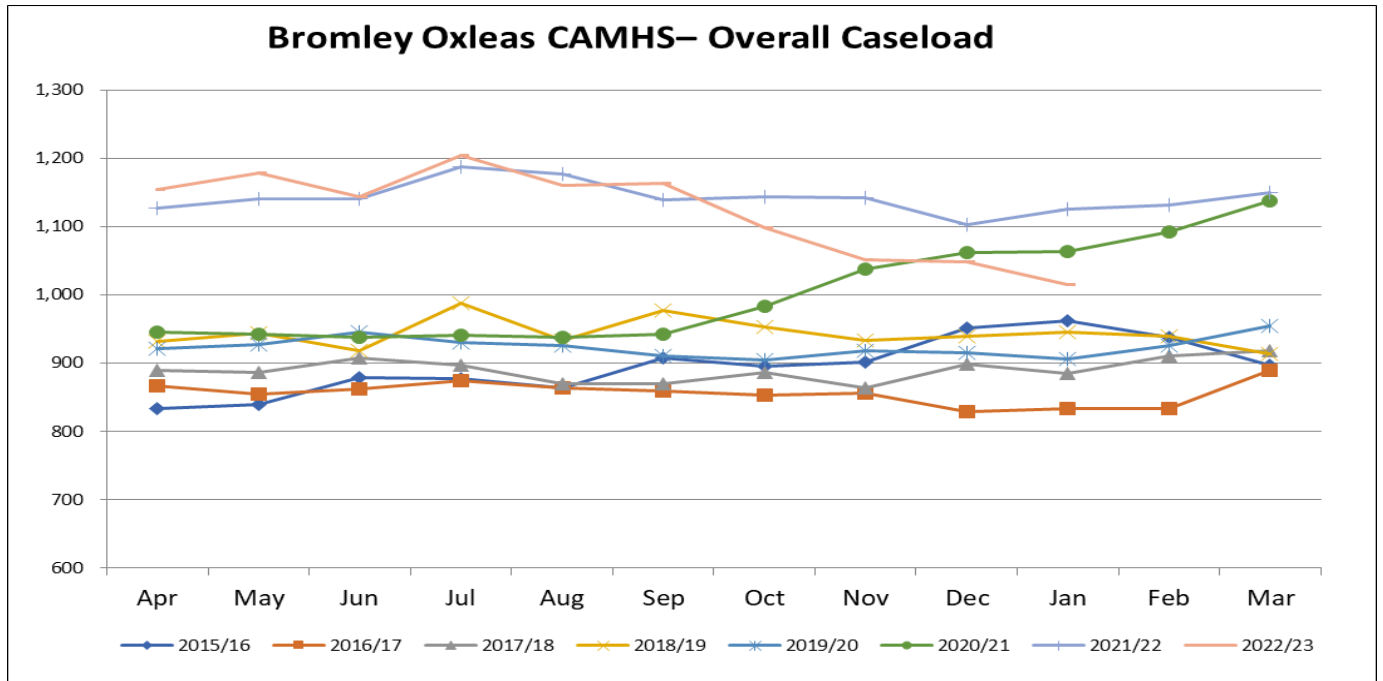


2.4 The children and young people’s elements of the BMHWS are led by Children and Young People’s Mental Health and Wellbeing Partnership Board, which has representation including the Director of Children’s Services, the ICB’s Place Executive Lead, the Director of Education, the Director of Commissioning, Oxleas NHS Foundation Trust and Bromley Y. The Council and NHS South East London Integrated Care Board provide oversight to this work through Integrated Commissioning Board (ICB) and there is broader partnership ownership of the work also through the One Bromley Executive.

3. IMPACT OF COVID-19 PANDEMIC ON CHILDREN AND YOUNG PEOPLE’S MENTAL HEALTH AND WELLBEING SERVICES

3.1 The impact of the covid-19 pandemic has been seismic across all groups. That said, for CYP, who experienced lockdowns and school closures, this was a particularly challenging period. Initial research by the Nuffield Trust (2022) suggests a national increase in referrals for CYP to mental health services between April and September 2021 of 81% on the same period in 2019. This compares to an 11% increase in referrals to mental health services for adults. This was reflected locally following the immediate reopening of schools in September 2020 with an immediate and significant rise in referrals to Bromley CYP mental health and wellbeing services and, in the years after that, an increase in service caseload and waiting times for both Bromley Y and CAMHS. This is a pattern that is seen across England.

3.2 Recent data from Bromley CAMHS setting out caseload and current waiting times:



South East London
Integrated Care System

Current Bromley CAMHS Waits

NHS
South East London

- Current Waits for Initial Assessment



TEAM	TOTAL	WEEKS WAITING						
		52+	31-52	19-30	13-18	9-12	5-8	0-4
Generic	210 ↓	76	46	27	24	10	15	12
LAC	14 ↑	-	1	3	3	1	4	2
Adolescent	6 ↓	-	-	-	1	-	1	4
Neuro	84 ↑	21	23	12	9	6	6	7
Total	314 ↓	97	70	42	37	17	26	25

- Current Waits for Treatment

TEAM	TOTAL	WEEKS WAITING						
		52+	31-52	19-30	13-18	9-12	5-8	0-4
Generic	66 →	56	8	2	-	-	-	-
LAC	11 →	9	2	-	-	-	-	-
Adolescent	38 ↑	27	1	-	3	2	-	-
Neuro	47 ↓	39	2	4	-	1	1	-
Total	162 ↑	131	13	6	3	3	1	0

Data as at 4 May 2023 – arrows indicate movement from previous month totals

3.3 Recent data from Bromley Y setting out caseload and current waiting times:



Current Bromley Y Waits

Business as usual

- All referrals are triaged within 72 hours
- Priority Assessments are up to 10 days and routine within 4 weeks but often quicker
- MHST-16 week wait for intervention- Plan devised for the summer months to reduce
- Getting Help-20 week wait for intervention/treatment-'Waiting well initiatives'

The Signpost (Text Service), webinars, support calls and email check ins
Named practitioner who completed assessment remains a point of contact –until allocated
Guidance and support sessions (single session model being piloted)
Parents & Carers can contact us if they feel there have been any changes in presentation.
Our website has been updated to reflect our current waiting times and what to do in a crisis.

3.4 In addition, Oxleas Bromley CAMHS and Bromley Y report a parallel increase in the complexity of mental health difficulties for CYP referred to services since 2020, with more CYP being referred to high-risk or crisis pathways and data illustrating longer episodes of care across services.

3.5 It is important to note, however, that the current situation with children and young people's mental health and wellbeing services is a national picture and that Bromley's services have coped well in difficult circumstances.

4. BROMLEY CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING SERVICES – SERVICE DELIVERY

4.1 The following section sets out details of the core children and young people's mental health and wellbeing services in Bromley.

4.2 **Children and Young People's Eating Disorders and Specialist Services - South London and Maudsley (SLaM) NHS Foundation Trust** – this is a leading centre providing psychological treatments for children and adolescents with eating and feeding disorders. The SLaM team has highly specialist knowledge in eating disorders as well as expertise in evidence-based treatments which support children and families. A number of services are provided:

- The Eating Disorders Clinic - offers inpatient and outpatient treatment for all eating disorders.
- The Intensive Treatment Programme (ITP) – this is a day programme for young people who are already in treatment for an eating disorder, but need a bit of extra support. ITP is a day programme which enables young people/families to access this whilst remaining in their own homes during the treatment.
- Avoidant Restrictive Food Intake Disorder (ARFID) Clinics - offers targeted treatment for ARFID and other feeding disorders. The clinic provides specialised therapy for children and teens with various avoidant or restrictive eating behaviours.

4.3 **Child and Adolescent Mental Health Services (CAMHS) - Oxleas NHS Foundation Trust - Bromley CAMHS** work with CYP aged 0-18yrs with severe and enduring emotional, behavioural and mental health difficulties (and their families/carers), providing routine and urgent evidence-based assessment and treatment interventions within a community setting. Within Bromley CAMHS service users receive interventions within one of four clinical pathways, as detailed below:

- Adolescent pathway – CYP who experience significant/acute mental health conditions including those who may be at risk of inpatient admission, who require a rapid response, intensive intervention, crisis and risk management
- Generic pathway – CYP with a range of mental health presentations which are indicative of a mental health condition
- Looked After & Adopted Children (LAC) – CYP who are looked-after; subject to SGO; in Friends & Family placements; adopted

Neurodevelopmental & Learning Disability (NDLD) – CYP with neurodevelopmental disabilities (roughly equitable to an IQ below 50, and/or a diagnosis of ASD/ADHD) with co-morbid mental health difficulties including those with complex neurodevelopmental problems/severe/high risk behaviour/mental states which may otherwise require a specialist placement or inpatient setting.

In addition, Oxleas provide services across the three boroughs of Bexley, Bromley and Greenwich via centralised crisis pathways, as detailed below:

- Crisis & Liaison Pathway – mental health crisis service providing 24/7 urgent and emergency mental health assessment, liaison and risk interventions to CYP presenting in mental health crisis within community and acute hospital settings (e.g. PRUH)
- Dialectical Behavioural Therapy (DBT) Pathway – specialist clinical pathway providing intensive evidence-based interventions to CYP (and their families/carers) experiencing severe emotion dysregulation and related problems, including self-harm, suicidal ideation and other high-risk behaviours.

Bromley CAMHS also has a small number of clinicians who work across pathways in the Youth Justice Service and within alternative education provision in the borough (medical PRU etc.). These clinicians provide consultation, training and a liaison role in relation to the mental health needs of children and young people in these settings, including some direct work where required.



South East London
Integrated Care System



Children and young people – key achievements

The following key achievements have been delivered in terms of children and young people’s MH and Wellbeing:

- The roll-out of three mental health support teams (MHSTs) to Bromley schools. The teams provide “on the ground” support to teachers and pupils dealing with mental health challenges.
- Established the Mental Health Network between Bromley Schools and CYP mental health and wellbeing services.
- Expansion of the mentoring programme, establishment of a youth ambassador, roll-out of cutting-down (eating disorder) programme, new support to children in the Youth Justice System.
- Agreement on a new integrated NHS/voluntary sector Single Point of Access (SPA) and specialist Eating Disorder Pilot.






4.4 **Children and Young People’s Mental Health and Wellbeing Early Intervention and Prevention Services – Bromley Y** – Bromley Y is a voluntary sector organisation which provides early intervention and prevention services for children and young people with mental health and wellbeing challenges. The service operates under the iTHRIVE framework, A number of services are provided:

- Getting Help and Getting More Help – these are the core intervention arms of the organisation and includes Traded Services, mentoring services and support for young carers. The Getting Help team offers 1:1 and group interventions which includes “Tangled Emotions” for young people and a parent /carer support group to support children under 12 who experience worry.
- Cutting Down is the self-harm reduction CBT-based manualised course of treatment which Bromley Y has been offering for eight months.
- Community mentoring provides accessible and creative 1:1 support to children and young people who require longer term support. It provides a young person with the opportunity to talk to someone in a less formal setting for e.g., through outings and activities to assist in creating opportunities and personal growth.
- Children Looked After (CLA) – CLA are supported up to the age of 25. Bromley Y
- Youth Justice Services - a Wellbeing Practitioner attends the fortnightly Health and Education Panel of the Youth Justice Board. In their capacity as the YJS link, they provide signposting guidance to the panel and check if the young person is known to Bromley Y.
- The Parent/ Carer Peer Support Programme is a developing network of peer support for parents and carers. It is run by a trained parent/carer with lived experience of child with mental health difficulties.
- Children and young people with disordered eating pilot – early intervention and prevention – Bromley Y are working with the South London and Maudsley (SLaM) NHS Foundation Trust to establish an early intervention and prevention service for children and young people who have disordered eating relating to their mental health. This is an innovative one-year pilot.
- Resilience and recovery programme – this service is led by Bromley Y but designed to help to reduce cases escalating to CAMHS by being able to work in a more creative way with longer support for young people and their families who have multiple needs. Bromley CAMHS will have an ongoing role in terms of clinical supervision and consultation.
- Mental health nurses for children looked after (CLA) and care leavers – Bromley Council provide a specialist mental health nursing service specifically for children looked after (CLA) and care leavers. This service is funded by NHS South-East London ICB in collaboration with Bromley Council.

4.5 **Integrated Single Point of Access – CYP Mental Health and Wellbeing (due to be implemented October 2023) – Joint Oxleas NHS Foundation Trust/Bromley Y** - in Bromley there is a strong culture of partnership working between Oxleas NHS Foundation Trust and Bromley Y (VCS organisation). In 2023/24, work commenced to develop a fully integrated Single Point of Access between the two organisations, with a joint NHS/VCS team leading on screening, triaging and pathway management for all CYP being referred with mental health and wellbeing challenges. The new iSPA is due to be implemented in October 2023. The iSPA will aim to improve the management of MHWB referrals for CYP in Bromley, ensuring that CYP are provided with services/support appropriate to their needs.

Our Ambition

Our ambition is to implement an integrated single point of access for the Young People and parents/carers of Bromley, so they can get access to the right service(s) that meets their mental health and well being needs without having to engage with the complexities of service provision, capabilities and thresholds.

As an integrated service we will ensure that we will take time to understand the needs of young people and families, have an understanding of various service pathways available to them and match their needs to the most appropriate service and pathway, taking joint accountability for these decisions.

To support our ambition, we will ensure;

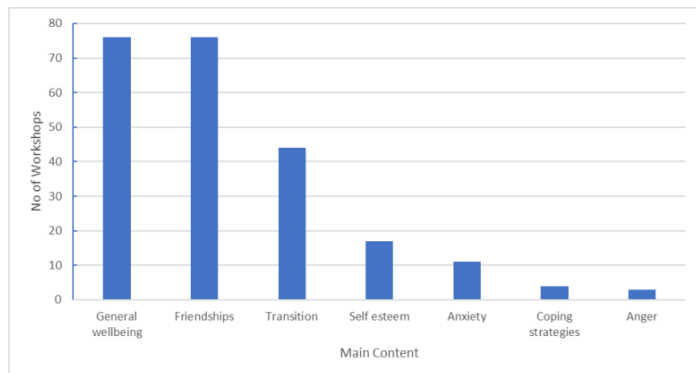
- the service is built around our collective strengths,
- There are no barriers to information sharing within the iSPA,
- We learn together enabling transfer of skills, knowledge and understanding across all members of the iSPA team,
- And, have joint governance that takes accountability for the operation and performance of the service.



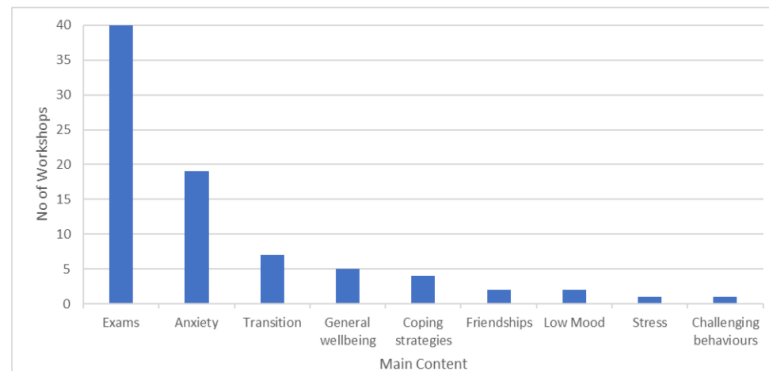

4.6 Joint work with schools – children and young people’s mental health and wellbeing services – there is joint work between Bromley children and young people’s mental health and wellbeing services and primary and secondary schools.

- Mental health support teams (MHSTs) – in 2018/19, Bromley was successful in becoming a national “trailblazer” for the establishment of MHSTs in schools, with a subsequent roll-out of two additional teams (in 2020/21 and 2022/23). Led by Bromley Y, the MHSTs are now embedded in Bromley primary and secondary schools, with an ongoing programme of psychoeducation around common mental health issues and coping strategies. The following graphs set out the number of workshops delivered by the MHSTs in primary and secondary schools in 2022/23:

Primary workshops delivered by main content.



Secondary workshops delivered by main content.



- Along with these workshops, the MHSTs have provided parent workshops and events, webinars and consultations with school staff, parents/carers and other professionals. For example, in 2022/23 the MHSTs delivered 65 webinars with 737 participants:

Universal webinars attendees by content and audience.

		Q1		Q2		Q3		Q4		Total	
		Sessions	Participants	Sessions	Participants	Sessions	Participants	Sessions	Participants	Sessions	Participants
Young people	Anxiety	5	45	4	21	2	9	4	50	15	125
	Worry	1	6	1	8	3	14	0	0	5	28
	Low Mood	2	9	3	17	2	6	2	12	9	44
	Exam Stress	2	15	1	3	2	6	2	19	7	43
Parent/Carers	Anxiety	6	93	3	31	5	67	5	148	19	339
	School avoidance	2	26	1	6	1	15	2	37	6	84
	Transition	3	69	1	5	0	0	0	0	4	74
Totals		21	263	14	91	15	117	15	226	65	737

- Mental health and wellbeing leadership network – Bromley has also successfully established a Mental Health and Wellbeing Leadership Network across mental health services and schools, following a launch in 2021. The forum is extremely well attended and has provided an opportunity for increased joint working between mental health and education provision with recent work on support for refugees (notably in relation to Ukraine), improved joint working around emotionally based school avoidance and eating disorders.
- Mental health and wellbeing toolkit – Bromley has also established a Mental Health and Wellbeing Toolkit, which is a critical element of Bromley’s overall prevention and early intervention strategy. The toolkit is the product of extensive partnership working with Bromley Y and Oxleas CAMHS and builds on a number of collaborative workshops led by the Anna Freud Centre. The Toolkit is designed to be a one-stop shop for wellbeing concerns arising from staff or children and young people.

4.7 Support for families, young people and children who have social and/or communication difficulties

- Family support service – Bromley Council and NHS South-East London ICB jointly commission a support service (based in the Bromley children’s project) for families, young people and children with social and/or communication difficulties, including through the provision of short-term intensive pre and post diagnostic support for families.
- ASD/ADHD Diagnostic Services – Bromley CAMHS and Bromley Healthcare jointly manage the pathway to deliver high-quality, safe diagnostic services for children, young people and families in relation to neuro-disabilities including Autism Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD). There are currently very long waits in this pathway with work taking place to commission an independent expert-led review of these services.

4.8 Children and young people’s mental health and wellbeing services – online wellbeing support and counselling

- Digital offer overall – all of Bromley’s children and young people’s mental health and wellbeing services now have a strong digital offer in place.
- Kooth Wellbeing App - www.Kooth.com has also been commissioned as an online counselling and advice service for children and young people across south-east London. There are close ties between Bromley and this service with high performance for Bromley.

4.9 Support for children at higher risk, children looked after (CLA) and care leavers – Bromley Council and NHS South-East London ICB work together to provide tailored and bespoke mental health and wellbeing services for children and young people who are at higher risk, including Children in Need (CiN)

and children and young people with a protection plan (PP) in place. There is also tailored mental health support for children looked after (CLA).

- Thrive service – dedicated support team, jointly funded by Bromley Council and the ICB, which provides particular mental health and wellbeing interventions to children at higher risk.
- CLA/Care Leavers Mental Health Nurse – critical role within the Council's care and leaving care service, providing bespoke care and support for this group.

4.10 **Individual Joint Funded Services** – Bromley Council and NHS South-East London ICB work together to provide tailored and bespoke mental health and wellbeing services for children and young people who may not be able to access other core services, including children looked after (CLA) and children and young people with an Education, Health and Care Plan (EHCP).

5. KEY CHALLENGES AND TRANSFORMATION ACTIVITIES

1.1 There is ongoing work across a number of areas, including the Bromley Mental Health and Wellbeing Partnership Board, to deliver improvements across Children and Young People's Mental Health and Wellbeing Services. A summary of key transformation activities is set out below:

- Increase in resources to support Bromley CAMHS to reduce waiting lists through the course of 2023/24 in accordance with SEL ICB priorities and targets.
- Further development of Crisis Care Services as outlined within NHS Long Term Plan and SEL ICB strategic plan, including development of intensive MH crisis community outreach services and embedding 24/7 acute hospital Crisis & Liaison services.
- Continued developments of South London Partnership CAMHS Crisis Line and integration of NHS 111 MH initiative.
- On-going transformation of CYP MH services to ensure alignment with nationally recognised iTHRIVE framework.
- Establishment of the integrated Single Point of Access (SPA) between Bromley CAMHS and Bromley Y.
- Detailed evaluation of children and young people attending A&E due to their mental ill health to inform further service development.
- New recovery and resilience programme, providing longer and more intensive support for more complex children and young people outside of the NHS.
- Creating stronger links between children and young people's mental health and wellbeing services and GP Practices including through the establishment of a Mental Health Practitioner (MHP) role.
- Establishing an eating disorders early intervention pilot in Bromley, providing joined-up voluntary sector (Bromley Y) and NHS (SLaM) support at a school and community level.
- Review of the children and young people's autism spectrum condition diagnostic and support pathway.

6. CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING SERVICES – BUDGET

6.1 The 2023/24 budget for children and young people's mental health and wellbeing services is set out below:

	Bromley children and young people's mental health and wellbeing services (2023/24)	NHSE SEL ICB	LBB
1	Children and Young People's Eating Disorder and Specialist Services		
1a	<ul style="list-style-type: none"> The Eating Disorders Clinic The Intensive Treatment Programme (ITP) Avoidant Restrictive Food Intake Disorder (ARFID) Clinics 	1.4m	
2	Children and Adolescents Mental Health Services (CAMHS)		
1a	<ul style="list-style-type: none"> Adolescent pathway Generic pathway Looked after children (LAC) service Neuro-disability service 	£5.3m	
3	Children and Young People's Mental Health and Wellbeing – Prevention and Early Intervention Services		
3a	Core service	£466K	£466K
3b	Recovery and Resilience Programme (3 year pilot)	£250K	
3c	Mental Health Practitioner in Primary Care Networks	£74K	
3d	Youth Justice Service – support and inequalities project	£73K	
3e	Mental Health Nurses for Children Looked After/Care Leavers	£100K	
4	Integrated Single Point of Access – CYP Mental Health and Wellbeing (opening October 2023)		
4a	Integrated Single Point of Access (iSPA)	£260K	
5	Joint work with schools - children and young people's mental health and wellbeing services		
5a	Mental Health Support Teams (MHSTs)	£1m	
6	Support for families, young people and children who have social and/or communication difficulties		
6a	ASD Family Support Service	£27K	£27K
7	Children and young people's mental health and wellbeing services – online wellbeing support and counselling		
7a	Kooth App – wellbeing support and counselling	£81K	
8	Support for children at higher risk, children looked after (CLA) and care leavers		
8a	Thrive service	£50K	
8b	CLA/Care Leavers Mental Health Nurse	£50K	
9	Individual Joint Funded Services		
9a	Individual Joint Funded Services	£800K	
	TOTAL	£8.9m	£493K

7. SPECIFIC ACTION REQUIRED BY CHILDREN, EDUCATION AND FAMILIES POLICY DEVELOPMENT AND SCRUTINY COMMITTEE

7.1. To note current work to deliver Children and Young People's Mental Health and Wellbeing Services in Bromley.

8. IMPACT ON VULNERABLE PEOPLE AND CHILDREN

8.1. Poor mental health can have a profound impact on children and young people's health, educational, social and economic outcomes. With timely and appropriate assessment and intervention, many

children and young people can overcome the barriers to positive life outcomes following a period of mental ill health, low mood and/or anxiety.

- 8.2. Maintaining good mental health can be a delicate balance and many children, young people and families require health, care and/or support to make healthy choices and to cope with stress and anxiety. Whilst access to treatment or recovery and rehabilitation is crucial, the first and foremost need for many children and families is to be able to get help prior to requiring these services.
- 8.3. For Bromley, the optimal model of support is one of integration and joint working across care, education and health partners. The deepening model of joint work and pathway integration between Oxleas CAMHS and Bromley Y is the most significant collaboration, providing common work across prevention, early intervention and treatment. That said, the Council and ICB's ongoing joint work on areas including pre- and post-diagnosis ASD support, children at risk and children looked after (CLA) are also critical components in the designing of services to meet individual needs overcoming public sector organisational and funding barriers.
- 8.4. The Council and the local NHS work with partners across mental health and wellbeing services to deliver a cohesive service offer which ensures that people experiencing mental health challenges are able to receive the support they need to stay well and to live independently in the community. The overarching vision for Bromley mental health and wellbeing services was developed in consultation with children, young people and families.

9. FINANCIAL IMPLICATIONS

- 9.1. The current budget is set out in an earlier section of this report. There are no financial implications in terms of the report to Children, Education and Families Policy Development and Scrutiny (PDS Committee).

10. LEGAL IMPLICATIONS

- 10.1 There are overlapping duties on local authorities and the NHS to support children and young people including through the safeguarding and promotion of the welfare of children (local authority - Children's Act 1989) and in the prevention, diagnosis and treatment of mental ill health (ICB - NHS Act 2006). There is also a duty on schools to promote pupil mental health and to prevent and provide support for mental ill health (Education Act 2002). Given this, there is an overriding need for different elements of public services to work together to provide excellent outcomes in the area of children and young people's mental health and wellbeing.

11. IMPLICATIONS FOR OTHER GOVERNANCE ARRANGEMENTS, BOARDS AND PARTNERSHIP ARRANGEMENTS, INCLUDING ANY POLICY AND FINANCIAL CHANGES, REQUIRED TO PROCESS THE ITEM

- 11.1 Progress to deliver the Bromley Mental Health and Wellbeing Strategy (2020-25) is reported on a regular basis to Integrated Commissioning Board (ICB) and the One Bromley Executive.

12. COMMENT FROM THE DIRECTOR OF AUTHOR ORGANISATION

- 12.1 No additional commentary necessary.

Non-Applicable Sections:	Commentary, Financial and Legal Implications, Implications for other Governance Arrangements, Boards and Partnership Arrangements, including any Policy and Financial Changes required to Process the Item, Comment from the Director of Author Organisation.
Background Documents: (Access via Contact Officer)	Bromley Mental Health and Wellbeing Strategy 2020-25